Chad McDowell 6th Grade Teacher, XC Coach Mossvlle School 12207 N. Galena Road Mossville, Illinois, 61552 cmcdowell@ivcschools.com 217-304-2221 12/27/23

To Whom It May Concern,

I am writing to recommend Lauren Carney for admission to your college. I had the pleasure of knowing Lauren as both her cross-country coach and teacher during her middle school years, and it is with great enthusiasm that I endorse her application to your institution.

Lauren is an exceptional individual who consistently demonstrates qualities of dedication, leadership, and strong work ethic. As her coach on the cross-country team, I had the privilege of witnessing her outstanding work ethic, both on and off the course. Lauren's commitment to excellence was evident in her relentless pursuit of improvement, her ability to inspire her teammates, and her unwavering sportsmanship. She approached challenges with a positive attitude, demonstrating determination that set her apart as a natural leader.

In the classroom, Lauren was an engaged and enthusiastic student in my class. Her intellectual curiosity and passion for learning were evident in her insightful contributions to class discussions. Lauren is a quick learner and a critical thinker who excels in analyzing and solving problems.

In conclusion, I wholeheartedly recommend Lauren Carney for admission to your college. Her combination of academic excellence, leadership qualities, and strong work ethic makes her an outstanding candidate. I am confident that she will contribute positively to your academic community and thrive in the challenges presented by your institution.

If you have any further questions or require additional information, please do not hesitate to contact me.

Sincerely,

Chad McDowell 6th Grade Teacher & XC Coach 217-304-2221